

CONTENTS

	<i>FOREWORD</i>	<i>iii</i>
	<i>RATIONALISATION OF CONTENT IN THE TEXTBOOK</i>	<i>v</i>
Chapter 1	MATTER IN OUR SURROUNDINGS	1
Chapter 2	IS MATTER AROUND US PURE?	14
Chapter 3	ATOMS AND MOLECULES	26
Chapter 4	STRUCTURE OF THE ATOM	38
Chapter 5	THE FUNDAMENTAL UNIT OF LIFE	49
Chapter 6	TISSUES	60
Chapter 7	MOTION	72
Chapter 8	FORCE AND LAWS OF MOTION	87
Chapter 9	GRAVITATION	100
Chapter 10	WORK AND ENERGY	113
Chapter 11	SOUND	127
Chapter 12	IMPROVEMENT IN FOOD RESOURCES	140
	ANSWERS	152– 154